



**Procedure Information -
Laparoscopic Ovarian Cystectomy /
Salpingo-Oophorectomy**

Visit No.: Dept.:
Name: Sex/Age:
Doc. No.: Adm. Date:
Attn. Dr.:
Patient No.: PN

Page No:

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+10	+20	+30	+40	+50	+60	+70	+80	+90

*Please fill in /
affix patient's label*

Introduction

Removal of the ovarian cyst or the affected ovary and fallopian tubes by inflating the abdominal cavity with carbon dioxide and inserting instruments through small incisions into the abdomen.

Indications

1. Ovarian cyst or tumor
2. Ovarian tumor

The Procedure

1. General anaesthesia
2. Pneumoperitoneum created by insufflation of carbon dioxide
3. Abdominal incision
4. Passage of telescope and instruments into abdomen
5. Ovarian cystectomy or salpingo-oophorectomy
6. Specimen removed with zipper bag or through the vagina
7. Closure of abdominal (and vaginal) wound
8. All tissue removed will be sent to Pathology Department or disposed of as appropriate unless otherwise specified

Risk of not having the procedure

1. Cyst complications, such as torsion, bleeding or cyst rupture
2. Potential undiagnosed malignancy; nature of the ovarian cyst is uncertain until sent for pathology

Risk and Complication

There are always certain side effects and risks of complications of the procedure. Medical staff will take every preventive measure to reduce their likelihood.

Possible risks and complications (not all possible complications are listed)

1. Anaesthetic complications
2. Bleeding, may require blood transfusion
3. Injury to adjacent organs, such as bladder, ureters, bowels and blood vessels, may require repair
4. Pelvic infection
5. Wound complications, such as infection and hernia
6. Conversion to laparotomy if required
7. Dyspareunia if there is vaginal wound suturing
8. Internal scarring with adhesion
9. Deep vein thrombosis and pulmonary embolism

Pre-operative information

1. Your doctor will explain to you the reason, procedure and possible complications
2. You will need to sign a consent form before operation
3. No food or drink for 6 to 8 hours before operation
4. Blood taking for blood typing and screening
5. Fleet enema may be given if necessary as instructed by your doctor
6. Pubic hair is shaved if necessary as instructed by your doctor



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Post-operative information

1. Take analgesics as prescribed by your doctor
2. Contact your doctor or attend a hospital if you experience severe abdominal pain, purulent discharge, heavy vaginal bleeding, fever (body temperature above 38°C or 100°F), or other unusual symptoms
3. Hormonal status should not be affected if ovaries are not removed
4. Climacteric symptoms may occur if ovaries are removed in pre-menopausal patients
5. Discuss with your doctor about hormonal replacement therapy if required
6. Cyst rupture and possible spread of disease if malignant
7. Possible adverse effect on future fertility
8. Risk of recurrence of ovarian cyst, especially for endometriotic cyst
9. Further treatment may be necessary in case of malignancy

Remarks

This is general information only and the list of complications is not exhaustive. Other unforeseen complications may occasionally occur. In special patient groups, the actual risk may be different. For further information please contact your doctor.

Reference

Department of Obstetrics & Gynaecology - The University of Hong Kong
Hospital Authority – Smart Patient Website

I acknowledge that the above information concerning my operation/procedure has been explained to me by Dr. _____. I have also been given the opportunity to ask questions and receive adequate explanations concerning my condition and the doctor's treatment plan.

Patient / Relative Name

Signature

Relationship (if any)

Date